# Bill Austin's Self Help, Clearing and Healing Program



**William M. Austin, III** 

Greetings! My name is Bill Austin and I would like to **thank you** for ordering a copy of my book! **I am sure that you will enjoy it!** 

# **How to Work with the Images**

As you look at each image, focus on how you feel as you look at it. The images you most enjoy will probably be ones where you are already energetically strong in or the ones that are most relevant to what is going on in your life. Take note of the ones that make you feel uncomfortable because that usually means that you are energetically weak in those areas and that is why you feel discomfort as you look at them. These are the images you want to work with daily for a while. The important thing is to play with the images and have fun!

It takes around three to four weeks for people to fully absorb the energies that are encoded in each image. So keep this book where you can access it throughout the day and look at the images often for a month or so. Every time you look at an image, you will receive healing from it. For some of these books, I have created video and/or audio recordings to help you absorb and integrate the coding of the images.

# **Receive Free Health, Wealth & Success Articles Each Week**

When you sign up for my newsletter, each week you will receive one of the Mastery Training Module articles I created about healing, manifesting, the Law of Attraction, empowered living and spiritual growth. Most of these modules contain a healing image or a link to a free energy healing session to enhance the quality of your life.

In addition, you will receive an email message from me every two to three days that contains a short, sweet and simple two to three paragraph long tip on healing, manifestation and spiritual growth. You can join my newsletter just by going to the web site url below and signing up in the left hand side of the page.



### A Little Bit About Me...

My name is Bill Austin and I am a spiritual healer, teacher, artist, writer and visionary living in St Petersburg, FL in the United States. For the first thirty years of my life I led a fairly conventional life. I grew up in a very stable and conservative family in central Virginia. My father was a school teacher and my mother was a nurse who quit working when I was born. I was the oldest child of three children and I have a younger brother and sister. I have always been extremely introverted and inner motivated and driven.

I am very bright and I always did well in school. I graduated from William and Mary in 1983 with a degree in Economics and got a job with the federal government in Washington DC as an economist with the Bureau of Labor Statistics. After a few years of working for Uncle Sam, I decided to enter law school in August of 1987 and I graduated from the University of Virginia's School of Law in May of 1990.

During the month I began studying law at UVA, a very important event occurred on the planet called Harmonic Convergence. During Harmonic Convergence humanity was basically surveyed on the spiritual planes and asked "Do you want to ascend with the planet or do you want to continue the lessons here on a different time space continuum elsewhere?" Humanity chose to ascend with the planet much to the surprise of almost everyone and this decision irrevocably changed the course of my life.

The first wave of mass awakening occurred in 1987 and many starseeds like myself had their lives totally rearranged in response to the collective decision made by humanity. When a world chooses to ascend, a lot of cosmic dispensations of grace occur for people who are willing to help out. The first wave of awakening largely woke up the starseeds like myself who are highly evolved souls from other time space continuums that have incarnated on Earth to assist humanity and the planet to ascend. Since 1987 millions of Indigo and Crystalline Christ children have chosen to incarnate here as well and they will change the world in ways that most of us cannot envision at this time.

I had no clue what the Harmonic Convergence thing was about in 1987 and if someone had told me about it, I probably would not have believed them at that time. It would have sounded crazy and weird to me. But what happened to me is that the law school thing no longer served my highest good. I had several gentle wakeup calls that maybe I should be doing something else with my life, but I totally blew them off and I paid a large energetic price for doing so. I am very tenacious and stubborn and I stuck it out and graduated. I was one of a handful of students at UVA to graduate without a job and I developed insomnia my second year because I was so stressed.

Up until that point I had lived a magical life. Everything I wanted I got and it came easily to me and all that was taken away. I moved to Philadelphia and developed back problems and then the legal job market there collapsed. I tried everything under the sun to heal the insomnia thing and nothing worked, And during the process of living with insomnia for over ten years, I lost a lot of my faith in doctors and the medical establishment because I was in a really bad place and nothing they did helped me. One of the main reasons, I became a

spiritual healer is that I feel that spiritual healing addresses and heals the root cause of imbalances rather than trying to patch up and deal with the effects of them.

In the midst of all this chaos on so many levels of my life, I experienced a spiritual awakening on a Greyhound bus going from Washington DC to Philadelphia in 1991. It felt like a million watts of love going into a ten watt vessel. It only lasted twenty minutes or so but to me it felt like a lifetime. I felt like I was being rewired and I emerged from this experience a very different person. A lot of things that used to be important to me like money and careers and status and education no longer meant anything at all to me. I had encountered the vast potential of who I was and all that stuff just felt irrelevant.

A few days after the bliss wore off, I began to worry that I was going mad with the sleep deprivation and this was the first sign. I did not tell anyone about this experience for many years. Later on I studied the writings of the great mystics and realized that what I had experienced was a mystical experience that others had gone through. I deeply resonated with the mystic teachings around Practicing the Presence and the Dark Night of the Soul.

Insomnia led me to the spiritual path. I read somewhere that meditation helped some people handle the effects of prolonged sleep deprivation so I checked out a huge stack of meditation books from the library and found the simplest way possible. And much to my deep shock, daily meditation helped me to coexist with sleep deprivation. Daily meditation led me to beginning to follow a spiritual path.

Over a two year period I read hundreds of self help and psychology books and stumbled into channeled books and the New Age. I loved the series of channeled books by Sanaya Roman. I liked her books so much that in 1991, I learned how to channel and I actually had great success with it. For a month or two I seriously considered the possibility of becoming a professional channel but I chose not to. Looking back on it now I realize that the only being I have ever wanted to channel or bring in really is the highest level aspect of my monad – which is the soul of my soul.

I was on the spiritual path for about ten years when I first felt drawn to begin working with other people. I was irritated about the whole thing because by then I had a good job that I enjoyed and was making lots of money and had benefits. But the call to heal got so strong that I began to cave in. I got attuned for Usui Reiki by one of my spiritual teachers in late 1999 and I took my first energy healing class in early 2000. I quit my secure state job to work as a healer full time in June 2003. I downloaded the Practical Mastery™ healing modality in 2005 and the Mastery Sequences in 2006. In 2006, I began encoding healing and enlightenment energies into paintings. In 2007, I began working with Anita Briggs on Inner Mastery Tools. In 2008, I downloaded hundreds of Heart Oriented Ascension activations and began working on Feng Shui manuals with Monica Castaneda. In 2009, I began working with Maria Bowling on a children's book.

I am very excited to launch this series of spiritual healing books. As I create these books, I feel myself upgrade so I know that they will be very powerful. My hope and intent is that these books will provide a space of healing and support for all who are drawn to them.

# **About My Line of Healing Image Books**

Over the last eighteen years I have been consciously walking a spiritual path, I have encountered lots of people who are very intent and focused on growing. I feel that often their lives are out of balance since they focus so much on growth for the sake of growth. Many of them feel so heavy to me that I find it hard to be around them. It is my intent, vision and hope that this line of healing image books will help people to heal, grow, evolve and expand in a fun, joyful and playful manner with lots of ease and grace.

My passion in life is really about mastery – helping people to apply spiritual principles and universal laws to create a life that works. An important part of mastery for me is about finding ways to help other people with the minimal investment of my personal time and energy. I highly value my time and I am always seeking ways to utilize it more effectively. I am also very interested in using technology to leverage getting my work out to the people who resonate with it. My interest in technology is why I created a web page on YouTube to get my work out in video format (www.YouTube.com/billaustinart).

Printing technology has reached the point that it is fairly easy to self publish so I am reformatting my work for this medium. These books target areas that come up over and over again whenever I work with clients for the first time. **Each of the images in this book is a healing session.** Many of the images are based on healing sessions I created for my major modalities that I am placing into these books. I often combine multiple sessions into one image to boost their power and effectiveness. I also am providing internet access to some of my most powerful healing video and recordings to people who order these books.

As I write this, I am planning to create a series of seven healing image books:

- Bill Austin's Self Help, Clearing and Healing Program
- Energetic Introduction to the Practical Mastery™ Healing Modality
- Energetic Introduction to the Angelic Mastery<sup>™</sup> Healing Modality
- Energetic Introduction to Heart Oriented Ascension
- Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions
- Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships
- Angelic Love Washes and Healing Modules
- Bill's Blasting and Blessing Book

Many of these images contain healing energies and frequencies from some of the healing modalities and tools I have created over the last five years (for more information go to <a href="https://www.BillAustinArt.com">www.BillAustinArt.com</a>). My major tools and modalities at this time are:

- Practical Mastery<sup>™</sup> Spiritual Healing and Enlightenment modality
- Angelic Mastery<sup>™</sup> Spiritual Healing and Enlightenment modality
- Universal Clearing Profile (most effective tool for clearing I have ever used)
- Crystalline Rainbow Reiki (heart paradigm version of Reiki)
- Blasting Line of Sessions

# About Bill Austin's Self Help, Clearing and Healing Program

I created this book and the accompanying audio recordings because I wanted to provide people on a spiritual path with a tool they could use stay as clear as possible and to help them to clear, transmute, heal and release stuff as it surfaces in their daily lives. I hand-picked the images that I feel can most assist people and I have created two special audios just for this book. I also am giving people who purchase this book access to the Clearing the Energetic Spaces and the Practical Mastery™ Shield Package videos.

I have been on a spiritual path now for over eighteen years and pretty much each day for the last fifteen years I have worked on clearing, transmuting, healing and releasing things that arise each day - every day. Generally I find that the most pristine part of my soul - which I call the highest level aspect of my monad - is very gifted at creating spiritual lessons and arranging my life to teach me things. So I really don't go out seeking trouble, it seems to come to me magically, easily and effortlessly without me having to do anything at all. I also am blessed in that many of my clients are energetic mirrors for what is going on within myself as well. And I always ask the Creator and the angels for help and I have downloaded lots of tools like the Universal Clearing Profile (my favorite tool of all of them) to assist me.

One of the channels I followed years ago used to talk about "dancing with whatever appears on your doorstep." When stuff arrives on my doorstep, I have learned that it is best to deal with it now and try to clear it out as much and as deeply as I can. If I do not deal with stuff as it comes up immediately, I find that it grows and multiplies so I make time each day to work on myself. And I often cheat and create a healing image for myself like the ones I create for people who commission one from me. I am my own best client but thankfully I don't have to pay myself. Laughing out loud.

Each year, I have gotten clearer and clearer and each year I clear out more and more buttons that used to get me discombobulated, irritated or upset. In the early years of being on the path, I really thought I could clear everything in a few years and just coast. Now I realize that clearing and healing stuff is just part of living on this world and I expect that I will be clearing, transmuting, healing and releasing stuff every day for the rest of this life. I would be thrilled to be proven wrong on this!!!

As I get clearer, I find that even a smudge of confusion and unclarity now discombobulates me much more than a huge amount of unclarity did many years ago. I also find that each year, I become more sensitive and more empathic to not only what goes on within others but also to all of the planetary stuff. I probably have been impacted and affected energetically by all this stuff for many years but I realize it now and feel it now whereas before I did not.

Clearing is a lot like lifting up a cinderblock in that when you lift up the block, all sorts of slimy creepy crawlies come out to play... So I created a line of healing books to assist people who are drawn to them to clear, heal and release the icky creepy crawlie things of this world with ease, grace and much love. "Bless with Love" as Louise Hay would say!

### About the Universal Clearing Profile and Crystalline Rainbow Reiki™

When I was meditating on what images were needed for this book, the ones that came in were largely inspired by the Angelic and Elohim Councils of Love. Many of the images in this book were to draw upon the power of my most powerful clearing tool − the Universal Clearing Profile and also one of my newer healing modalities − Crystalline Rainbow Reiki™; which is a Heart Paradigm version of Reiki. It is very exciting for me to create this book since each person that reads it is helping to anchor the energies of the Universal Clearing Profile and Crystalline Rainbow Reiki™ on the planet.

# **Universal Clearing Profile**

The idea for the Universal Clearing Profile came to me when I was downloading clearing profiles for the Mastery Training Modules Program. Before I downloaded the Universal Clearing Profile, I used to have to do a lot of ad hoc clearing work on myself. I would monitor my energy level throughout the day and whenever I felt it drop, I would stop what I was doing and ask the Creator to clear the weakness and imbalance that caused my vibration to drop. I decided to ask for a **Universal Clearing Profile** to easily, effectively and effortlessly clear things rather than spending a lot of time and energy trying to figure it out myself and clear it.

The Universal Clearing Profile contains a vast myriad of healing, clearing, balancing, transmuting energies, frequencies, waves, programs, patterning, etc. When you are attuned to access and utilize this profile by me, it will give you a tool and a way to dissolve and release much of the less-than-love beliefs, feelings and memories as well as many of the limitations and self sabotage that most of you have carried around with you for many, many incarnations on this world. I have been using the **Universal Clearing Profile** every day for over two years now and I have found this tool to be the most effective clearing tool and approach I have ever used. **This tool is so powerful that you can use it to help other people – so it is a great tool for healers and practitioners to use to assist clients.** In fact, this is currently my best selling and most popular training product.

# **Crystalline Rainbow Reiki™**

One day, I was working on a project to assist folks with Reiki and when I meditated to identify image ideas for the manual, instead of image ideas - I downloaded a set of beautiful, crystalline, iridescent rainbow healing templates. When I asked what this was, I got that I was being entrusted as the steward or guardian of a new, heart paradigm reformulation of Reiki that the Council of Guardians of Reiki called Crystalline Rainbow Reiki $^{\text{TM}}$ .

The Crystalline Rainbow Reiki™ energies are similar to other Reiki energies, however this frequency of Reiki is free of the discordant energy of some of the other Reiki modalities that exist now because it comes directly from the heart of the Creator to our hearts and flows from there. It is a higher, lighter, clearer frequency composed of intense soothing energies made up of indescribable geometric patterns and colors. I get that this is one of a handful of new Reiki modalities that are coming in that are based in the Heart Paradigm the planet is now operating from. Earlier versions of Reiki feel to me harder energetically and more mental and the emphasis on symbols to transmit energies never felt right to me energetically.

For more information about practitioner training, go to www.healingreikimaster.com/training/index.html

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The Elohim are the great beings and energetic counterparts to Angels that work with translating the energies of the un-manifested reality of the VOID into the material, manifested plane of reality. Practical Mastery™ and Crystalline Rainbow Reiki™ are two of the most important energy healing modalities I have downloaded.

#### **Recommended Use**

You may want to keep this book with you throughout the day. I strongly encourage you to look at it several times a day at lease for the first few weeks. A great practice would be to look at the images in the book first thing when you wake up, during your lunch hour and the last thing before you go to bed.

You may want to listen to the Clearing the Energetic Spaces video whenever you feel you need to be cleared out. The Practical Mastery Shield Package video just needs to be watched once in your lifetime but people sometimes like to listen to it once or twice a year.

There are two mp3 audio healing recordings that have a lot of the energies from the images in the audio. I created one for the Angelic healing images and one for the Crystalline Rainbow Reiki ™healing images.

# How the Vibrationally Encoded Healing Images and Master Healing Images Work

Each of the vibrationally encoded images in this book are digitally rendered paintings that have many layered energies, frequencies, and 'coding' embedded into them. Basically each of the images is encoded or programmed with certain clearing, healing and enlightenment energies that are indicated in the title of the image. They provide healing in several ways. One way is that a lot of energy is being transmitted through colors. The colors of each image are carefully selected to help promote, enhance and magnify the specific healing required in an image.

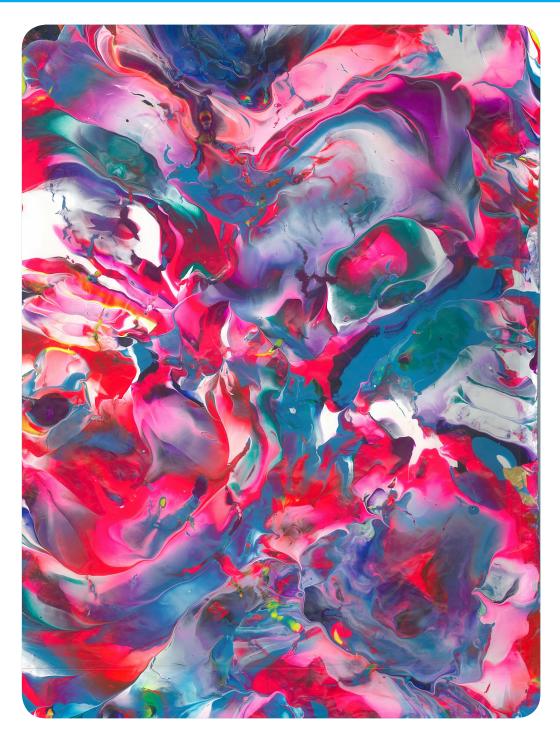
The second level of healing of the images comes from their impact on the programming in your brains, minds, neurons and brain chemistry. As you look at the images—the shapes and the color vibrations—you are stimulating and rewiring your brains and minds to clear out a lot of old, outdated subconscious programming, and wiring to bring in higher-level concepts that will support accelerated healing, growth and evolution.

The third level of healing is through *magnetic resonance*. Magnetism is instantaneous and unbounded in potential. The images re-magnetize your brain to attract as much healing and evolution as you can that is aligned with your highest good and spiritual evolution in the NOW. The images respond to the individual and will begin to work in you from your current point of consciousness. As soon as you look at an image, the clearing, restructuring, or awakening begins. The more frequently and the longer that you look at an image, the more deeply it works in you.

While you do not have to think about the subject matter of the image to benefit from them, you can also work more consciously with them and request specific clearings within their scope. Once the healing frequencies have been integrated, then looking briefly or even a glance at the images can reinforce and deepen them.

You can frame the images, print them in black and white (they still will hold the energy of the color originals), laminate them, reduce them, cut them up or do whatever and the images will still energetically hold the same vibration as the original image. The reason is that we live within a holographic universe and each part of the image is a hologram that contains the vibration of the whole.

Important Note: Master Healing Images are the most powerful ones because they combine the energies of many images into one. If you have limited time to work with the images, focus on the images with Master Healing Image in the title.

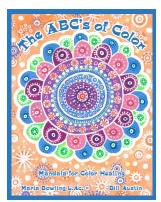


Blasting Fear, Clearing Your Energetic Spaces and Unplugging from the 3rd Dimension Matrix

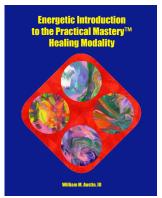


Creator Blessing, Clearing, Transmuting, Healing and Shield Package

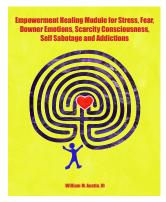
# Other Books Authored or Co-Authored by Bill Austin:



**The ABC's of Color** (by Maria Bowling and Bill Austin)



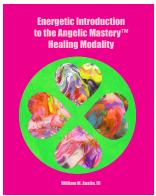
Energetic Introduction to the Practical Mastery™ Healing Modality



Empowerment Healing Module for Stress, Fear, Downer Emotions, Scarcity Consciousness, Self Sabotage and Addictions



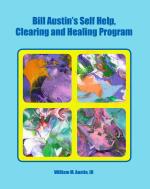
Transform YOUR
Relationship with Money



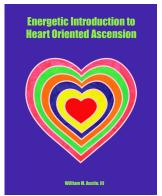
Energetic Introduction to the Angelic Mastery™ Healing Modality



Empowerment Healing Module for Self Love, Self Esteem, Forgiveness and Relationships



Bill Austin's Self Help, Clearing and Healing Program



Energetic Introduction to Heart Oriented Ascension



Feng Shui Cures for the Planet and Money Clearing Manual (by Monica P. Castaneda and Bill Austin)



To check out the complete line of healing books by Bill Austin or to order more, go to:

www.EnergyHealingBooks.com